



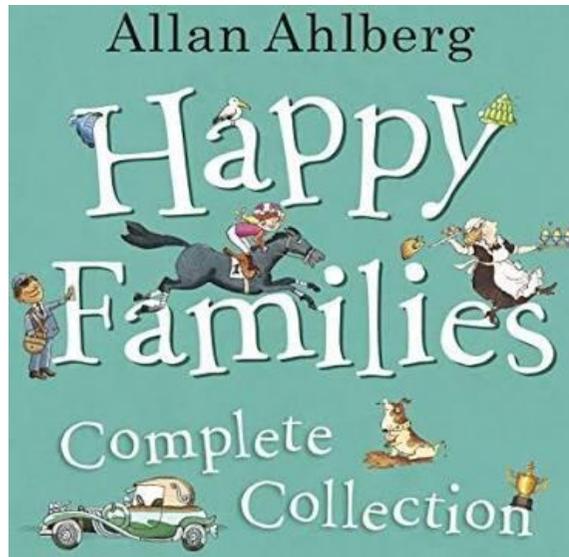
PSHE (including RSE) YEAR 3 Knowledge Organiser

Summer 2- Growing and Changing

	Lessons	Planned Experiences	Vocabulary
SCARF	Relationship Tree	Identify the different relationship that we have with different groups of people (e.g. pets, parents/carers, siblings, aunts, uncles, friends, group leaders). Explore features of healthy and unhealthy relationships by creating a relationship tree.	Relationships, healthy, positive unhealthy, negative, family, friends, leaders.
SCARF	Body Space	Respecting people's space class discussion- Do you like being hugged? Practising being assertive activity: Rehearse phrases that can be used if someone is being touched in a way that makes them feel uncomfortable or unacceptable. If someone feels uncomfortable when they are being touched, it is the brains way of warning them that something is not right. Teach the NSPCC Pants Underwear rule.	<u>Being assertive:</u> <ul style="list-style-type: none"> ○ Stop! ○ Please don't! ○ That make me feel uncomfortable. ○ I'll tell ...
SCARF	None of Your business	Play Guess Who? Celebrity fact files. Discuss sharing of personal information online. What are Sid's top tips about staying safe online.	Internet, safety, privacy,
SCARF	Secret or Surprise	Read the story of Harold's day or secrets and surprises and identify the difference between safe secrets and unsafe secrets. Explore how they would feel and what they should do in different situations e.g. some people are being unkind to your friend and they ask you not to say anything.	Secret, surprise, angry, upset, jealous, worried, excited, scared.
SCARF			
SCARF	Basic First Aid	First Aid Champions- Why is first aid important? Simple actions make a difference. Giving first aid-Learning specific skills to support an asthma attack, bleeding, broken bones, burns, choking, head injury and unresponsive and breathing/ not breathing.	Emergency, first aid.

Key Facts and Learning Outcomes

- Identify different types of relationships.
- Recognise who they have positive healthy relationships with.
- Understand what is meant by the term body space (or personal space).
- Identify when it is appropriate or inappropriate to allow someone into their body space.
- Recognise and describe appropriate behaviour online as well as offline.
- Identify what personal information is.
- Understand and explain how to get help if someone requests images or information online.
- Define the terms 'secret' and 'surprise'; and know the difference between a safe and an unsafe secret.
- Recognise how different surprises and secrets might make them feel.
- Know who they can ask for help if a secret has made them feel uncomfortable or unsafe.
- Know how to make a clear and efficient call to the emergency services.
- Know how to respond and react in an emergency situation and how to deal with common injuries.



Useful Resources

- Doctor in Training by Cath Ard
- A Secret or a Surprise by Michelle L.Nelson
- Do you have a secret? By Jennifer Moore-Malinos
- Who has what? By Robie Harris
- It's OK to be different by Todd Parr
- Cinderella's Bun by Nicholas Allan
- Shaperville by Andy Mills
- Who's in a Family? By Robert Skutch
- Sparks Learns to Fly by Judith Foxon
- Happy Families by Allan Ahlberg
- Stranger Danger by Anne Fine
- NSPCC The Underwear Rule-
<https://www.staffsscb.org.uk/wp-content/uploads/2020/04/NSPCCunderwearruleguideforparents.pdf>